Name _____Period_____

Antwone Fisher Make-Up Assignment

1. Read the brief case study below

Cindy is a young woman who suffers generalized anxiety as well as a phobia of furry creatures that are dog-like. She has many conflicts with her sisters and feels abandoned by her parents who have died (she is being raised by a step-mother). She engages in fantasy-prone thinking and has difficulty focusing on reality. Her inability to focus has given her difficulty keeping jobs. She also feels persecute by her step-mother.

2. Choose **two** of the following psychotherapies **(Psychoanalysis, Psychodynamic Therapy, Humanistic Therapy, Behavioral Therapy, Cognitive Therapy, Cognitive-Behavioral Therapy, and/or Family Therapy)** and describe how each would approach treating the patient. Use information and concepts from the text.

1._____

2._____