

Case Study Instructions

I. Background Information: In this section you write about your subject “patient.” Important information to include is: age, gender, geographic location or nationality, time period, family relationships, friendships or social interactions, work experience, or anything else that helps the reader know something about who this person is.

II. Presenting Problem: In this section you should describe the symptoms that the patient is experiencing. Give specific and detailed examples of unusual behavior, thoughts, etc... and how the patient (and/or family and friends) view the symptoms.

III. Diagnosis: Based on the symptoms above, what disorder(s) are you diagnosing the patient with? To do this you must briefly describe the diagnostic criteria (symptoms required for diagnosis) for the disorder you’ve selected and compare them to the symptoms you wrote about in section II. Presenting Problem.

IV. Intervention: In this section you will identify and explain three (3) different treatment options for the patient. You will need to research what therapies work best for the condition you are diagnosis your patient with.